



CHRISTEN WESTPHAL #20



Christen Westphal

Pronunciation: Kris-Ten West-Fall

Position: Defender

Height: 5'6

Jersey Number: 20

DOB: September 2, 1993

Age: 28

Hometown: Brecksville, Ohio

Citizenship: USA

College: University of Florida

Last Club: Portland Thorns



How Acquired: Following the 2022 NWSL Expansion Draft, Wave FC conducted a trade with Portland that resulted in San Diego acquiring the rights to Christen Westphal and Amirah Ali.

Professional: Westphal was the No. 3 overall draft pick by the Boston Breakers in the 2016 NWSL College Draft. She appeared in 13 matches, making seven starts during her rookie season. In 2017, Westphal started and played in 13 matches recording one assist on the season. Westphal joined Reign FC in the 2018 NWSL Dispersal Draft and made 16 appearances across the 2018-19 seasons. In 2020 she was traded to the Portland Thorns where she played in 10 matches, earning eight starts.

International: Westphal was named to the U.S. Under-23 team for 2015 Four Nations Tournament played in Norway and played the entirety of each of the three matches at the tournament. She attended U.S. Under-23 Women's National Team camp at U.S. Olympic Training Center in Chula Vista, California in December of 2013 and May of 2014.

College: Westphal attended the University of Florida where she played as a center back for the Florida Gators women's soccer team from 2012–15. In 2012, Westphal was named NSCAA All-south Region third team, SEC second team, and was named to the SEC Freshman team, and was an SEC All-Tournament selection. To conclude her freshman season, she was named to Soccer America's All-Freshman Second-Team. In her 2013 sophomore season, she was named NSCAA All-America second team, NSCAA South Region first team, All-SEC first team and SEC All-Tournament selection. In 2014, Westphal was named NSCAA All-South Region, All-Southeastern Conference first-team for a second consecutive year, and was on the MAC Hermann Trophy Watch List. In her final season as a Gator, she was named NSCAA All-America first team, NSCAA South Region first team, Southeastern Conference Defensive Player of the Year, All-SEC every year of collegiate career, and SEC Tournament Most Valuable Player. Westphal finished her career second on Gator career charts for complete matches played (77), minutes (8,486) and consecutive starts (95). She was also among the 2015 MAC Hermann Trophy Watch List and TopDrawerSoccer named her one of the top 10 women's soccer defenders in the NCAA's Division 1.

Personal: Christen is the daughter of Dave and Kathy Westphal. She has a younger sister, Claire, and an older brother, Chase.